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# My Letter From Lockdown

To the children OF the future.

Thurso, Caithness  
Scotland

21<sup>st</sup> May 2020 Thursday

Hi, my name is Beth. How are you all doing. I'm writing because of a new virus called Coronavirus which can also be called Covid19. Just now we're on lockdown. Lockdown means not leaving the place you live unless it's for exercise or essential shopping and one person from your house can go shopping and children aren't allowed in the shops. When lockdown first started we were only allowed one 1 walk a day for only 1 hour but a couple of weeks ago that rule was lifted. We still have to social distance if you're wondering what that means it means no going to see family that don't live in your house. Also not allowed to see friends but actually no wait a minute there is a possibility that you can. You see it's a 2 metre distance rule I go to my friend's gate and a 2 metre distance while my dad goes to get eggs for 5 minutes. You could do this with your friends with your friends.

There has been a big difference since normal life and lockdown. For example school is shut, down we're doing online school lessons on a school app called Class dojo but more about that later. You were allowed to hang with your friends but the parks are closed. You were allowed to go to cafes restaurant but all closed. The shops that don't sell any food have to close. And local attractions like trampoline parks, cinemas, bowling alleys all have to close. The biggest and saddest change is not hugging or visiting loved ones and friends.

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Now lets talk about how you may be feeling, if you ever have to go through this. So some days for me have been fun and full of laughter but some have been quite down if you know I mean and a lot of days have just been boring and finally some days have been hopeful and I mean we are taking baby steps out of this.

When lockdown and social distancing is all over I can't wait for seeing my friends and family that don't live with me and don't live in the same town as me. I'm looking forward to going back to school but I won't be in primary 6 anymore I'll be in primary 7. I'm super excited about all the celebrations when this is all completely over.

There are certain things that are helping me get through all this. For the first one it's one word technology you can text, email, phone people and Facetime. There are quite a lot of app for example I have WhatsApp you can call, Facetime and text all for free. And you used to only be able to get 4 people on Facetime but now WhatsApp are allowing you to have 50 people on Facetime. Then theres an app called Zoom I go on calls with Zoom when I need to go on club meeting for example swimming club. Now your probably wondering what happens with school we do it online theres an app called Class Dojo an app you get your teacher on it and your teacher postes work on it for you. We also get work packs home with all our jotters we need like maths and writing. Theres also an app called Google Classroom thats also where our

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School work gets posted just incase we don't see it on Class Dojo. We also have Google hangouts where we get split up into small groups in our class and talk for a while. You can also talk to friends or loved ones like your parents or if you have siblings but if you'd like to keep your feelings a secret writing in a diary or talking to a pet.

Every Thursday we all go stand at our doors and clap for the NHS or blow a whistle or bang tins and spoons or one of my nebrans toot a horn. You can also draw a picture of a rainbow or paint one and write a nice message like stay safe and the stick it on your window. Also while your clapping you can play a tune on a musical instrument there's normally a main tune set for the pipes and the Chanter.

Hope I gave you some good advice. Hope you enjoyed reading this letter. Thanks for reading from Beth.